

Tracy Crosby

643 Eagle Avenue

Jackson MS 39206

601-668-4291

reikims@reikims.com

PROFILE

My name is Tracy Crosby, I am a lifelong Mississippian and a retired college educator, researcher, professional conductor and composer. These days I apply my professional skills toward sharing my current research, training and experiences in the fast growing arena of integrative healing therapies. I was led to learn about complimentary and alternative healing through my personal experience as a caretaker for my mother, who has had Multiple Sclerosis since the 1950's.

Having first been misdiagnosed, I watched my mother struggle to live for 30 years of incorrectly assigned treatments and medications that only seemed to make things worse. Even after her MS diagnosis in the last 1980's, treatments and therapies were few and did little.

All during this time I sought out anything that could possibly help my mother. Over the years, I was introduced to many Eastern medicine therapies, several of which helped her tremendously. One of the most profoundly successful of these ancient therapies is the practice of Reiki.

My quest to understand and master the practice Reiki led me to an amazing Reiki instructor right here in Mississippi, who I studied and trained with for more than 7 years. Since that time I have been immersed in a totally different understanding of personal health and healing.

As a professional educator and researcher, my brain naturally wants to know "why, what and how" about every topic, including Reiki. Consequently, I've dedicated the past decade to applying my research skills toward furthering an understanding of this ancient healing art form.

I established Reiki Mississippi as an outlet to focus on how Reiki came to be understood in the United States and furthermore, how it has been accepted into numerous major hospitals and healing centers as an accepted complimentary therapy. Reiki is not only offered for patients, but for medical professionals and is even offered by some surgeons to patients as a means to accelerate and support healing.

My presentations for Reiki education include a brief history of Reiki, how it is being used as a complimentary therapy, how one can learn this practice, and also, what Reiki actually is and what it most certainly is not. I am dedicated to dispelling the misinformation about Reiki and present research showing current theories in the field of medicine and science that everyone to understand how ancient healing arts such as Reiki actually help us heal.

601/668:4291
PHONE

643 EAGLE AVE JACKSON MS 39206
ADDRESS

REIKIMS.COM
URL

T Crosby

Page 1 of 4

WORK EXPERIENCE

PROFESSIONAL EDUCATOR:

- **HINDS COMMUNITY COLLEGE** 1990-2018, Director of Bands, Music Theory and Low Brass
- **BRANDON HIGH SCHOOL** 1985-1990 Director of Bands

I have 33.5 years of extensive experience in professional education, public speaking, workshop presentation and departmental oversight, and have served on dozens of formal committees, both in-house and with legislative outreach committees.

- I was the first female Director of Bands at a college in Mississippi.
- I am a retired wind band conductor and music composer arranger of more than 200 works for band, choir, jazz ensembles and solo voice.
- I served as an adjudicator and festival director for band and marching band in Mississippi and throughout the Southeast USA.

REIKI MASTER PRACTITIONER AND TEACHER:

- **CERTIFIED REIKI MASTER TEACHER** 2008-PRESENT

I began studying Reiki at the professional level in 2006, and completed my training in 2008. Since that time I have sought continued professional development with additional trainings and certifications, membership in professional associations/organizations and by studying with nationally known specialists in the field of medical Reiki.

- **Member of the International Association of Reiki Professionals**
- **Associate Member of the International Center for Reiki Training**
- ***Most recently completed training "Reiki In Medicine" with Pamela Miles in New York, March 2019***

OWNER, REIKI MISSISSIPPI 2013-PRESENT

Reiki Mississippi started as a division of my company New Sun Energy Works, and grew into its own business, established in 2013. The number of people wanting to learn Reiki for self care and the need to develop professional Reiki based trainings and presentations led to the creation of Reiki Mississippi.

Reiki Mississippi is dedicated to professional training and certification, not just for the public but for medical professionals and others who work in fields of high stress. Reiki Mississippi promotes Reiki outreach programs through free education presentations, demonstrations and volunteerism.

- ***Reiki Mississippi's Reiki 1 Training was the first and only approved CE Reiki training by the Mississippi Nursing Foundation in the state of Mississippi.***
- ***Reiki Mississippi has awarded more than 90 individual certifications in the field of Reiki.***
- ***Reiki Mississippi has given more than 400 individual sessions to individuals of all walks of life, including doctors, nurses, psychologists, therapists, counselors, lawyers, professional athletes, religious leaders and politicians.***

• **OWNER, NEW SUN ENERGY WORKS 2008-PRESENT**

New Sun Energy Works was the first professional business created by me to work with assorted ancient world therapies that promote self care and stress reduction. New Sun Energy works offers education in meditation, shamanic studies, natural herbal therapies, and assorted resources for self development and awareness.

EDUCATION

- **UNIVERSITY OF LOUISIANA — MASTER OF MUSIC EDUCATION, 1984**
- **UNIVERSITY OF LOUISIANA — BACHELOR OF MUSIC EDUCATION, 1982**
- **HINDS COMMUNITY COLLEGE — ASSOCIATE OF ARTS, 1980**

REFERENCES

- **Marie Jackie Williams NP-C, MSN, FMNM**, is a licensed Family Nurse Practitioner with postgraduate training, board certification and fellowship in Metabolic, Functional and Nutritional Medicine through the Metabolic Medicine Institute, and owns Innovative Health LLC.

601-968 1690

- **Mary Ashley Angelo PhD**, is a licensed Psychologist serving as Training Director at Mississippi State Hospital, Psychology Department

303-720-2674

- **Nancy Goldman RN, PMHCNS, BC** is licensed Registered Nurse and an Integrative Psychotherapist in private practice specializing in conventional psychotherapeutic treatments augmented with supportive integrative therapies.

601-946-7482

- **Jim Pathfinder Ewing**, award winning author, retired columnist and journalist, and Reiki Master Teacher. Ewing's journalistic resume includes more than three decades of work at The Clarion-Ledger, the Jackson Free Press, The Jackson Daily News, and USA TODAY, and he has authored eight books on spiritual awareness and integrative healing through indigenous practices, through Findhorn Press.

601-259-0410